

Isaiah 58:6

"Is this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke?"

Ezra 8:23

So we fasted and entreated our God for this, and He answered our prayer.

Acts 13:3

Then, having fasted and prayed, and laid hands on them, they sent them away.

Matthew 6:16

"Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward.

Matthew 6:17-18

But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

Joel 2:12

"Now, therefore," says the LORD, "Turn to Me with all your heart, With fasting, with weeping, and with mourning."

Daniel 10:3

I ate no pleasant food, no meat or wine came into my mouth, nor did I anoint myself at all, till three whole weeks were fulfilled.

Luke 4:2

being tempted for forty days by the devil. And in those days He ate nothing, and afterward, when they had ended, He was hungry.

Acts 13:2

As they ministered to the Lord and fasted, the Holy Spirit said, "Now separate to Me Barnabas and Saul for the work to which I have called them."

Exodus 34:28

So he was there with the LORD forty days and forty nights; he neither ate bread nor drank water. And He wrote on the tablets the words of the covenant, the Ten Commandments.