

## Proverbs 25:28

He that hath no rule over his own spirit is like a city that is broken down, and without walls.

## 2 Timothy 1:7

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

## Proverbs 16:32

He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city.

## Proverbs 18:21

Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.

## Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance: against such there is no law.

## 2 Peter 1:5-7

And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge; And to knowledge temperance; and to temperance patience; and to patience godliness; And to godliness brotherly kindness; and to brotherly kindness charity.

## 1 Thessalonians 5:6

Therefore let us not sleep, as do others; but let us watch and be sober.

James 1:19

Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath:

1 Corinthians 10:13

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

1 Corinthians 9:27

But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.

Titus 2:11-12

For the grace of God that bringeth salvation hath appeared to all men, Teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly, in this present world;

Romans 12:2

And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

1 Corinthians 9:25

And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible.

Ephesians 6:12

For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

Job 31:1

I made a covenant with mine eyes; why then should I think upon a maid?

2 John 1:8

Look to yourselves, that we lose not those things which we have wrought, but that we receive a full reward.

Proverbs 12:16

A fool's wrath is presently known: but a prudent man covereth shame.

Proverbs 4:27

Turn not to the right hand nor to the left: remove thy foot from evil.