

Isaiah 58:6

"Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke?"

Ezra 8:23

So we fasted and implored our God for this, and he listened to our entreaty.

Acts 13:3

Then after fasting and praying they laid their hands on them and sent them off.

Matthew 6:16

"And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward.

Matthew 6:17-18

But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

Joel 2:12

"Yet even now," declares the LORD, "return to me with all your heart, with fasting, with weeping, and with mourning;

Daniel 10:3

I ate no delicacies, no meat or wine entered my mouth, nor did I anoint myself at all, for the full three weeks.

Luke 4:2

for forty days, being tempted by the devil. And he ate nothing during those days. And when they were ended, he was hungry.

Acts 13:2

While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them."

Exodus 34:28

So he was there with the LORD forty days and forty nights. He neither ate bread nor drank water. And he wrote on the tablets the words of the covenant, the Ten Commandments.