

## Proverbs 25:28

People who cannot control themselves are like cities without walls to protect them.

## 2 Timothy 1:7

The Spirit God gave us does not make us afraid. He is our source of power and love and self-control.

## Proverbs 16:32

It is better to be patient than to be a strong soldier. It is better to control your anger than to capture a city.

## Proverbs 18:21

The tongue can speak words that bring life or death. Those who love to talk must be ready to accept what it brings.

## Galatians 5:22-23

But the fruit that the Spirit produces in a person's life is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these kinds of things.

## 2 Peter 1:5-7

Because you have these blessings, do all you can to add to your life these things: to your faith add goodness; to your goodness add knowledge; to your knowledge add self-control; to your self-control add patience; to your patience add devotion to God; to your devotion add kindness toward your brothers and sisters in Christ, and to this kindness add love.

## 1 Thessalonians 5:6

So we should not be like other people. We should not be sleeping. We should be awake and have self-control.

James 1:19

My dear brothers and sisters, always be more willing to listen than to speak. Keep control of your anger.

1 Corinthians 10:13

The only temptations that you have are the same temptations that all people have. But you can trust God. He will not let you be tempted more than you can bear. But when you are tempted, God will also give you a way to escape that temptation. Then you will be able to endure it.

1 Corinthians 9:27

It is my own body I fight to make it do what I want. I do this so that I won't miss getting the prize myself after telling others about it.

Titus 2:11-12

That is the way we should live, because God's grace has come. That grace can save everyone. It teaches us not to live against God and not to do the bad things the world wants to do. It teaches us to live on earth now in a wise and right way a way that shows true devotion to God.

Romans 12:2

Don't change yourselves to be like the people of this world, but let God change you inside with a new way of thinking. Then you will be able to decide and accept what God wants for you. You will be able to know what is good and pleasing to him and what is perfect.

1 Corinthians 9:25

All who compete in the games use strict training. They do this so that they can win a prize one that doesn't last. But our prize is one that will last forever.

Ephesians 6:12

Our fight is not against people on earth. We are fighting against the rulers and authorities and the powers of this world's darkness. We are fighting against the spiritual powers of evil in the heavenly places.

Job 31:1

"I made an agreement with my eyes not to look at a young woman in a way that would make me want her.

2 John 1:8

Be careful! Don't lose the reward you have worked for. Be careful so that you will receive all of your reward.

Proverbs 12:16

Fools are easily upset, but wise people avoid insulting others.

Proverbs 4:27

Don't go to the right or to the left, and you will stay away from evil.