

Matthew 11:28

"Come to me all of you who are tired from the heavy burden you have been forced to carry. I will give you rest.

Psalms 62:1

To the director: To Jeduthun. A song of David. I must calm down and turn to God; only he can rescue me.

Jeremiah 6:16

This is what the Lord says: "Stand at the crossroads and look. Ask where the old road is. Ask where the good road is, and walk on that road. If you do, you will find rest for yourselves. But you people have said, 'We will not walk on the good road.'

Psalms 4:8

When I go to bed, I sleep in peace, because, Lord, you keep me safe.

Psalms 23:1-2

A song of David. The Lord is my shepherd. I will always have everything I need. He gives me green pastures to lie in. He leads me by calm pools of water.

Psalms 34:8

Give the Lord a chance to show you how good he is. What blessings there are for those who depend on him!

Psalms 91:1-2

You can go to God Most High to hide. You can go to God All-Powerful for protection. I say to the Lord, "You are my place of safety, my fortress. My God, I trust in you."

Matthew 11:29-30

Accept my teaching. Learn from me. I am gentle and humble in spirit. And you will be able to get some rest. Yes, the teaching that I ask you to accept is easy. The load I give you to carry is light."

1 Peter 4:7

The time is near when all things will end. So keep your minds clear, and control yourselves. This will help you in your prayers.

Deuteronomy 5:12-14

"You must keep the Sabbath a special day like the Lord your God commanded. Work six days a week and do your job, but the seventh day is a day of rest in honor of the Lord your God. So on that day no one should work not you, your sons and daughters, foreigners living in your cities or your men and women slaves. Not even your cattle, donkeys, and other animals should do any work! Your slaves should be able to rest just as you do.