

**Genesis 2:3**

And he blessed the seventh day, and sanctified it: because in it he had rested from all his work which God created and made.

**Exodus 20:8-11**

Remember that thou keep holy the sabbath day. Six days shalt thou labour, and shalt do all thy works. But on the seventh day is the sabbath of the Lord thy God: thou shalt do no work on it, thou nor thy son, nor thy daughter, nor thy manservant, nor thy maidservant, nor thy beast, nor the stranger that is within thy gates. For in six days the Lord made heaven and earth, and the sea, and all things that are in them, and rested on the seventh day: therefore the Lord blessed the seventh day, and sanctified it.

**Deuteronomy 5:12-14**

Observe the day of the sabbath, to sanctify it, as the Lord thy God hath commanded thee. Six days shalt thou labour, and shalt do all thy works. The seventh is the day of the sabbath, that is, the rest of the Lord thy God. Thou shalt not do any work therein, thou nor thy son nor thy daughter, nor thy manservant nor thy maidservant, nor thy ox, nor thy ass, nor any of thy beasts, nor the stranger that is within thy gates: that thy manservant and thy maidservant may rest, even as thyself.

**Mark 2:23-28**

And it came to pass again, as the Lord walked through the corn fields on the sabbath, that his disciples began to go forward and to pluck the ears of corn. And the Pharisees said to him: Behold, why do they on the sabbath day that which is not lawful? And he said to them: Have you never read what David did when he had need and was hungry, himself and they that were with him? How he went into the house of God, under Abiathar the high priest, and did eat the loaves of proposition, which was not lawful to eat but for the priests, and gave to them who were with him? And he said to them: The sabbath was made for man, and not man for the sabbath. Therefore the Son of man is Lord of the sabbath also.

**Luke 13:10-17**

And he was teaching in their synagogue on their sabbath. And behold there was a woman who

had a spirit of infirmity eighteen years. And she was bowed together: neither could she look upwards at all. Whom when Jesus saw, he called her unto him and said to her: Woman, thou art delivered from thy infirmity. And he laid his hands upon her: and immediately she was made straight and glorified God. And the ruler of the synagogue being angry that Jesus had healed on the sabbath answering, said to the multitude: Six days there are wherein you ought to work. In them therefore come and be healed: and not on the sabbath day. And the Lord answering him, said: Ye hypocrites, doth not every one of you, on the sabbath day, loose his ox or his ass from the manger and lead them to water? And ought not this daughter of Abraham, whom Satan hath bound, lo, these eighteen years, be loosed from this bond on the sabbath day? And when he said these things, all his adversaries were ashamed: and all the people rejoiced for all the things that were gloriously done by him.

#### Matthew 12:12

How much better is a man than a sheep? Therefore it is lawful to do a good deed on the sabbath days.

#### Ezekiel 20:19-20

I am the Lord your God: walk ye in my statutes, and observe my judgments, and do them. And sanctify my sabbaths, that they may be a sign between me and you: and that you may know that I am the Lord your God.

#### Isaiah 58:13-14

If thou turn away thy foot from the sabbath, from doing thy own will in my holy day, and call the sabbath delightful, and the holy of the Lord glorious, and glorify him, while thou dost not thy own ways, and thy own will is not found, to speak a word: Then shalt thou be delighted in the Lord, and I will lift thee up above the high places of the earth, and will feed thee with the inheritance of Jacob thy father. For the mouth of the Lord hath spoken it.

#### Romans 14:5

For one judgeth between day and day: and another judgeth every day. Let every man abound in his own sense.

#### Colossians 2:16-17

Let no man therefore judge you in meat or in drink or in respect of a festival day or of the new moon or of the sabbaths, Which are a shadow of things to come: but the body is of Christ.

#### Leviticus 23:3

Six days shall ye do work: the seventh day, because it is the rest of the sabbath, shall be called holy. You shall do no work on that day: it is the sabbath of the Lord in all your habitations.

#### Deuteronomy 5:15

Remember that thou also didst serve in Egypt, and the Lord thy God brought thee out from thence with a strong hand, and a stretched out arm. Therefore hath he commanded thee that thou shouldst observe the sabbath day.