

**1 Corinthians 13:4-5**

Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful;

**Ephesians 4:26-27**

Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil.

**Proverbs 10:12**

Hatred stirs up strife, but love covers all offenses.

**Leviticus 19:17-18**

You shall not hate in your heart anyone of your kin; you shall reprove your neighbor, or you will incur guilt yourself. You shall not take vengeance or bear a grudge against any of your people, but you shall love your neighbor as yourself: I am the Lord.

**James 1:19**

for your anger does not produce God's righteousness.

**Proverbs 15:1**

A soft answer turns away wrath, but a harsh word stirs up anger.

**Proverbs 14:29**

Whoever is slow to anger has great understanding, but one who has a hasty temper exalts folly.

### Mark 7:20-23

For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person." From there he set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice,

### Proverbs 20:3

It is honorable to refrain from strife, but every fool is quick to quarrel.

### Proverbs 13:10

By insolence the heedless make strife, but wisdom is with those who take advice.

### Proverbs 12:16

Fools show their anger at once, but the prudent ignore an insult.

### Jeremiah 3:12

Go, and proclaim these words toward the north, and say: Return, faithless Israel, says the Lord. I will not look on you in anger, for I am merciful, says the Lord; I will not be angry forever.